



CONSULTANTS IN MEDICAL ONCOLOGY AND HEMATOLOGY, PC

John D. Sprandio, MD
Robert K. Roush, Jr., MD
Michael M. Mikhail, MD
Stephen A. Shore, MD

Peter D. Ennis, MD
Rajesh Thirumaran, MD
Rachna Anand, DO
Nabila Chowdhury, MD

JoAnn Flounders, MSN, CRNP
Regina D. Poole, CRNP
Meghan Boyle, CRNP
Kathleen Sacharian, CRNP

Jacqueline Connor, Business Mgr
Lorey Keeney, Billing Manager

HIGH PROTEIN, HIGH CALORIE DIET SUGGESTIONS

Cream soups

Carnation Instant Breakfast

Milkshakes

Ice Cream

Yogurt

Puddings

Custards

Whole milk

Cheese

Eggs

Peanut butter

Macaroni and Cheese

Supplements:

Ensure or Boost

Breeze, Resource

(Access Internet to purchase Resource and Breeze:

For example: www.NestleNutritionStore.com)